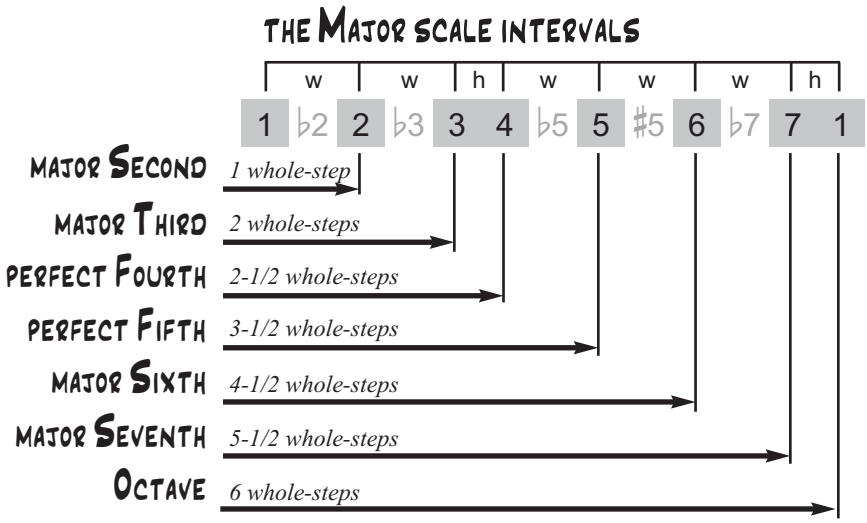
Five Steps to Music Theory Mastery

So maybe you don't have time to read this book much less absorb it. That's all right. Here's a brief summary. Whenever you need more explanation, you can go to the section of the book that deals with that subject. So let's get started.

Step 1

There are only 12 notes that you ever have to worry about. They make up the Chromatic scale. This scale is the foundation of all music in the Western world. It is used to create every scale. The most popular one is the Diatonic scale also known as the Major scale. It is made up of seven notes.

Step 2

The distance between two notes is called an interval. It is measured using a unit called a semi-tone. Two semi-tones are called a whole-step. One semi-tone is called a half- step. The distance between notes of the Major scale looks like this: